[Data Collection] Quantified Self

**Proposal to collect data on:**

- Amount and Type of household waste I produce during the week.

**What am I trying to understand?**

- I aim to gain some insight on what kinds of waste I produce.

- Are there any ways or steps that I can take to reduce waste overall or any specific type of waste? (For example, where and when to take reusable bags)

**How do I plan to collect the data?**

- I plan to collect the data manually in a synced spreadsheet (on every clean-up?).

**How do I plan to record the data?**

- The amount/weight and the type of garbage will be recorded after weighing the categorized waste every week. (e.g.: Paper, Plastic, Glass, Metal).

**Costs associated with collecting data:**

- Cost of a weighing scale. No other perceived costs.

**Challenges:**

- Collection would depends on my routine. i.e. at what time my classes are, etc.

- Categorization of waste could prove difficult for complex waste.

- My own awareness of this data collection might affect the observed records.

- And thus, the amount of waste that I usually produce, can change when this data collection starts.